

The ABDUCTION MILLENNIUM PROJECT

A SURVEY FOR ABDUCTEES

PROJECT INFORMATION

This survey is part of a research project that I originally began while working on my doctoral dissertation at Duke University. The subject of the dissertation was the UFO abduction movement--a term I use in order to avoid using the word *Abductee*, which I dislike in this context. The dissertation is being published in 2001 by the University of California Press under the title, *The Lure of the Edge: Scientific Passions, Religious Beliefs and the Pursuit of UFOs*. When it is published, you will be able to read small pieces of the book online at <http://www.ucpress.edu/>.

This survey is specifically for those individuals who know that they are, or feel that they may be, Abductees. I use *Abductee* only for convenience since it is a widely recognized term. In using it, I do not mean to imply anything necessarily negative about the experience or those who have it. Whether the experience is a positive or negative one is for you, the experiencers, to tell me--not for me to tell you.

As the wide variety of questions indicates, I am searching for several kinds of information. On the one hand, I would like to be able to compare abductees with the general U.S. population. To that end, I ask a number of sociological questions. On the other hand, I want to know more about the kinds and frequencies of experiences that abductees report, and their attitudes about certain things. To that end, I ask a rather long series of questions formulated on the basis of typical abduction scenarios. Gathering this much information makes the survey rather long, and I very deeply appreciate your willingness to assist me by filling it out and returning it.

Participation in this survey is totally voluntary. Furthermore, you may refuse to answer any of the question(s). This is particularly the case with regard to my request for your identifying information. I ask for this so that I can contact you if something in your answers is unclear or if I would like to know more -- but under *no* circumstances do you *need* to provide me with that kind of identifying information if you don't feel comfortable doing so. **Needless to say, the information that you do provide will be held in the strictest of confidence.**

Finally, having answered surveys before, I know how frustrating it can be to answer multiple-choice items. Sometimes it seems that the listed options don't quite express all that I would like to say about a subject. Also, while such lists of answers are necessary to collect and process the quantity of data I hope to get in this project, I recognize that this kind of data collection can only get at one kind of information. Therefore, **I would like to encourage you to attach lengthier responses to any of the questions that you feel need elaboration.** You may send lengthier replies to me at a later date--separately from the survey itself.

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QUESTIONNAIRE FOR ABDUCTEES / EXPERIENCERS

IDENTIFYING INFORMATION

(optional)

Name: _____

Address: _____

Phone: _____ E-mail: _____

General Demographic Info

1. I am: Female Male

2. I am : Under 18 18-30 31-45 46-60 61-75 76-over

3. I am: Married Single Div. Widowed

4. I have completed education to the point of:

Not finished high school yet

High school diploma

Some college courses

A.A. degree

Bachelor's degree

Some graduate courses

Master's degree

Ph.D./M.D./J.D./etc.

Professional certification programs

5. My annual income bracket is (in thousands of \$):

Under 15 16-20 21-30 31-40 41-50

51-60 61-70 71-80 81-90 91-100

101-125 126 and up

My postal/ZIP code is: _____

General Attitudes and Observations

For the following statements, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A) or Strongly Agree (SA).

6. These days a person doesn't really know whom they can count on.	SD	D	U	A	SA
7. There is little that people can do to change the course of their lives.	SD	D	U	A	SA
8. Most people don't really care what happens to the next person.	SD	D	U	A	SA
9. We each make our own fate.	SD	D	U	A	SA
10. I believe that the people in Washington, D.C. are out of touch with the rest of the country.	SD	D	U	A	SA
11. I feel that my life has a special purpose.	SD	D	U	A	SA
12. I have always been different somehow from most of the people around me.	SD	D	U	A	SA
13. I spend my free time engaging in hobbies or sports.	SD	D	U	A	SA
14. I spend my free time watching TV.	SD	D	U	A	SA
15. I spend my free time reading.	SD	D	U	A	SA
16. I enjoy science fiction books and movies.	SD	D	U	A	SA
17. I enjoy religious and spiritually-oriented books and movies.	SD	D	U	A	SA
18. I enjoy science books and shows.	SD	D	U	A	SA
19. I learn more about UFOs and abductions by reading.	SD	D	U	A	SA
20. I learn more about UFOs and abductions by watching TV shows and movies.	SD	D	U	A	SA
21. I learn more about UFOs and abductions by attending local meetings on the subject.	SD	D	U	A	SA
22. I learn more about UFOs and abductions by attending conferences on the subject.	SD	D	U	A	SA
23. I learn more about UFOs and abductions through my personal experiences.	SD	D	U	A	SA
24. I learn more about UFOs and abductions through talking with or writing to others on a one-to-one basis.	SD	D	U	A	SA
25. Human nature is basically evil.	SD	D	U	A	SA
26. This world is basically evil.	SD	D	U	A	SA
27. I am very concerned about the threat to personal privacy in American today.	SD	D	U	A	SA
28. I believe that the government is hiding the truth about the alien presence.	SD	D	U	A	SA
29. The government is slowly leaking the truth about UFOs to the American people.	SD	D	U	A	SA

For the following statements, indicate if you have Very little (VL), Only some (OS), or A great deal (GD) of confidence.

30. When it comes to radio and TV, I have _____ confidence in them.	VL	OS	GD
31. When it comes to the military, I have _____ confidence in it.	VL	OS	GD
32. When it comes to the executive branch of the federal government, I have _____ confidence in it.	VL	OS	GD
33. When it comes to the print media, I have _____ confidence in it.	VL	OS	GD
34. When it comes to the scientific community, I have _____ confidence in it.	VL	OS	GD
35. When it comes to organized religion, I have _____ confidence in it.	VL	OS	GD
36. When it comes to Congress, I have _____ confidence in it.	VL	OS	GD
37. When it comes to UFO organizations, I have _____ confidence in them.	VL	OS	GD

38. In general, I find my life to be: Dull Routine Exciting

39. I have: Always been interested in UFOs / Developed an interest in UFOs / Little interest in UFOs

If you answered **A** Developed an interest in UFOs@in the question above, when did this interest begin (year) and why did it develop?

40. In the last two years, have you been (check all that apply):

- Sick enough to go to a doctor?
- In counseling for emotional or mental problems *unrelated to* abductions?
- In counseling for emotional or mental problems *related to* abductions?
- Suffering from any kind of substance abuse problem (example: alcohol, marijuana....)?
- So disabled that you cannot work or carry out normal daily activities?
- Having serious trouble with your spouse or life partner?
- Having serious trouble at work?

41. My health right now is: Very poor Poor Fair Good Excellent

42. Taken all together, things for me these days are:

Very unhappy Not too happy So-so Happy Very happy

Science

For the following statements, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A) or Strongly Agree (SA).

43. Science and technology are the ways in which we can change this world.	SD	D	U	A	SA
44. Science gives us an adequate model of reality--the way things are.®	SD	D	U	A	SA
45. Overall, modern science does more harm than good.	SD	D	U	A	SA
46. We believe too often in science, and not enough in feelings and faith.	SD	D	U	A	SA
47. Science holds the keys to understanding more about alien abductions.	SD	D	U	A	SA
48. Any change humans make in nature--no matter how scientific--is likely to make things worse.	SD	D	U	A	SA
49. Modern science will solve our environmental problems.	SD	D	U	A	SA
50. Science will solve our social problems like crime and mental illness.	SD	D	U	A	SA
51. For modern science to continue to make contributions to human knowledge, it is going to have to undergo a paradigm shift.	SD	D	U	A	SA
52. One trouble with science is that it makes our way of life change too fast.	SD	D	U	A	SA
53. Scientists always seem to be prying into things that they really ought to stay out of.	SD	D	U	A	SA
54. One of the bad effects of science is that it breaks down people's ideas of right and wrong.	SD	D	U	A	SA
55. Most UFO researchers use a physical-world, scientific approach to the study of UFOs.	SD	D	U	A	SA
56. The UFO phenomenon requires science to come to terms with the reality of a non-physical world.	SD	D	U	A	SA

Religion

57. What is your religious preference?

- Protestant
- Orthodox
- Catholic
- Jewish
- Muslim
- None
- Other _____

58. How often do you participate in your religious community's activities?

- Seldom
- Mostly on major holidays and occasions
- Fairly regularly -- once or twice a month
- Very regularly -- Almost every week
- Constantly -- More than once a week

59. Using the school grading system of A, B, C, D, and F (for Fail), how do you rate your church or religious group in meeting your spiritual needs? _____

60. Would you describe yourself as:

- Extremely religious
- Very religious
- Somewhat religious
- Neither religious nor unreligious
- Somewhat non-religious
- Very non-religious
- Extremely non-religious

61. Which best describes your belief in God?

- don't believe now and never have
- don't believe now, but used to
- do believe now, but didn't used to
- do believe now and always have

62. If your belief in God has changed, when did that happen and what led up to it?

63. I feel angry at God: Never Seldom Occasionally Sometimes

For the following statements, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A) or Strongly Agree (SA).

64. Religion and church is very important in my life.	SD	D	U	A	SA
65. I feel at home in any church.	SD	D	U	A	SA
66. Religion and science are incompatible knowledge systems.	SD	D	U	A	SA
67. I feel extremely close to God most of the time.	SD	D	U	A	SA
68. The Bible is humanity's only authoritative guide to living a good life.	SD	D	U	A	SA
69. I pray or meditate regularly.	SD	D	U	A	SA
70. The essential core of all religions is the same.	SD	D	U	A	SA
71. God is within you.	SD	D	U	A	SA
72. There is a literal heaven and hell.	SD	D	U	A	SA
73. When the alien presence is finally acknowledged, religious institutions will suffer a crisis.	SD	D	U	A	SA
74. Religion holds the key to understanding more about alien abductions.	SD	D	U	A	SA
75. I have often had doubts about my faith due to a conflict between faith and science.	SD	D	U	A	SA

How often have the following events strengthened your faith? Never (N), Sometimes (S), or Often (O)

76. Death of someone close to you	N	S	O
77. Birth of a child	N	S	O
78. Seeing a UFO	N	S	O
79. Falling in love	N	S	O
80. Having intense sexual pleasure	N	S	O
81. Being abducted	N	S	O

Abductions

82. I first became aware of my abduction experiences:

- I've always known about them.
- After a particularly surprising or upsetting encounter.
- After seeing a show or movie on TV.
- After reading a book on UFOs or abductions.
- After a hypnosis session for other purposes.
- After talking to someone else who is an experiencer.
- After attending a UFO-related meeting.

83. Year that this occurred: _____ Age that this occurred: _____

84. *Most* of my abduction memories are in the form of:

- Dreams
- Something more real than dreams, but not like fully conscious reality
- Physical sensations that precede the abductions, but not the event itself
- Fully conscious memories of bits and pieces of the event
- Fully conscious memories of significant segments of the event
- Hypnotically-retrieved memories
- Other _____

85. I have been hypnotized to try to retrieve:

- all abduction memories that I currently have.
- abduction memories in addition to those I already had.
- not at all.

86. If you had had 100 abduction experiences, approximately how many out of the hundred would have begun:

- At night, in bed.
- At home, not in bed, but while alone or isolated.
- At home, not in bed, and while with others.
- While traveling or on the road.
- A public place, but while isolated or alone.
- A public place, in a crowd or with others.

The entities I see during my abductions are

87. Grays	Often	Seldom	Never
88. Reptilians	Often	Seldom	Never
89. Insectoids	Often	Seldom	Never
90. Nordics	Often	Seldom	Never
91. Energy beings	Often	Seldom	Never
92. Human-looking military types	Often	Seldom	Never
93. Other _____	Often	Seldom	Never

94. I have or have had the following unexplained marks on my body (check all that apply):

94A. ___ scoop mark or depressed area

94B. ___ scars

94C. ___ rashes

94D. ___ burns

94E. ___ bruises

95. Have any of the above been in particular patterns that would identify them as different from ordinary marks? _____ If yes, please describe:

For the following questions, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A), or Strongly Agree (SA): **I have had good support for my abduction experiences among:**

96. My immediate family	SD	D	U	A	SA
97. My extended family	SD	D	U	A	SA
98. My neighborhood	SD	D	U	A	SA
99. My social network	SD	D	U	A	SA
100. My work environment	SD	D	U	A	SA
101. My school environment	SD	D	U	A	SA
102. My religious group	SD	D	U	A	SA
103. Health care providers	SD	D	U	A	SA
104. The UFO community	SD	D	U	A	SA
105. The metaphysical community	SD	D	U	A	SA
106. I've never told anyone before. _____	SD	D	U	A	SA

For the following questions, indicate whether they are or have been true for you Never (N), Seldom (Sel), Several times (Sev), or Often (O).

107. I struggle with feelings of depression.	N	Sel	Sev	O
108. I have walked in my sleep during my adult life.	N	Sel	Sev	O
109. I have had hybrid babies and children presented to me during my abduction experiences.	N	Sel	Sev	O
110. I have been told that some of the hybrid babies or children were mine.	N	Sel	Sev	O
111. I have seen unusual lights in my room, and didn't know where they came from or what they were.	N	Sel	Sev	O
112. I have felt that I was flying through the air, though I didn't know how or why.	N	Sel	Sev	O
113. I have lost periods of time, or seem to have been missing, for reasons that were not apparent at the time.	N	Sel	Sev	O
114. I have seen terrifying figures that I couldn't explain.	N	Sel	Sev	O
115. I have awakened feeling paralyzed with a sense of a strange person or presence or something else in the room.	N	Sel	Sev	O

116. I have found scars on my body but didn't know (at the time) how I got them.	N	Sel	Sev	O
117. I have seen UFOs in connection with my abduction experiences.	N	Sel	Sev	O
118. I have had out-of-body experiences.	N	Sel	Sev	O
119. I have seen a UFO.	N	Sel	Sev	O
120. I have thought that I was somewhere I had been before, but knew that it was impossible.	N	Sel	Sev	O
121. I have felt as though I was in touch with someone when they were far away from me.	N	Sel	Sev	O
122. I have seen events that happened at a great distance as they were happening.	N	Sel	Sev	O
123. I have seen events happen before they actually occurred in real life.	N	Sel	Sev	O
124. I have felt as though I was really in touch with someone who had died.	N	Sel	Sev	O
125. I have felt as though I was very close to a powerful, spiritual force that seemed to lift me out of myself.	N	Sel	Sev	O

For the following statements, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A), or Strongly Agree (SA).

126. I feel attracted to the entities that abduct me.	SD	D	U	A	SA
127. I feel that in some way I am part alien.	SD	D	U	A	SA
128. It is important for abductees to make their experiences more commonly known.	SD	D	U	A	SA
129. I felt abandoned to my fate when I was abducted as a child.	SD	D	U	A	SA
130. As a child, I had an invisible friend or playmate.	SD	D	U	A	SA
131. I have had a near-death experience.	SD	D	U	A	SA
132. I feel that the ordinary things of life no longer have as much meaning for me as they once did.	SD	D	U	A	SA
133. I feel that in some sense I've given permission for my abductions to occur.	SD	D	U	A	SA
134. I have felt sometimes that I must be going insane.	SD	D	U	A	SA
135. I believe that the aliens are good forces.	SD	D	U	A	SA
136. I feel that the entities abducting me have molded my consciousness simply by their actions and attitudes.	SD	D	U	A	SA
137. I have been warned away from my interest in UFOs and/or abductions by odd people who seemed to know about me and my experiences.	SD	D	U	A	SA
138. I have confidence in the things the aliens tell me.	SD	D	U	A	SA
139. I have undergone medical-type examinations during my abductions.	SD	D	U	A	SA
140. Since my experiences began, I have received messages from the aliens apart from further abduction experiences.	SD	D	U	A	SA
141. During my abductions, I have been given warnings of catastrophic events in earth's future.	SD	D	U	A	SA

142. I've been taught things during my abductions.	SD	D	U	A	SA
143. I have received an implant during my abductions.	SD	D	U	A	SA
144. My abduction experiences were mostly non-threatening at the time.	SD	D	U	A	SA
145. In retrospect, my abduction experiences have been mostly non-threatening.	SD	D	U	A	SA
146. I believe that the family I was born into has also been involved in abductions.	SD	D	U	A	SA
147. I believe that my spouse and/or children (or grandchildren, if any) have also been involved in abductions.	SD	D	U	A	SA
148. Abduction experiences are an on-going part of my present life.	SD	D	U	A	SA

Abduction Sequelae

149. My physical health since becoming aware of my abduction experiences has:

Worsened Stayed about the same Improved

If worsened or improved, please briefly describe how:

150. My psychological health since becoming aware of my abduction experiences has:

Worsened Stayed about the same Improved

If worsened or improved, please briefly describe how:

For the following statements, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A), or Strongly Agree (SA). **Since my abduction(s), I have:**

151. ...become more psychic than I was before	SD	D	U	A	SA
152. ...had trouble with watches and electrical devices	SD	D	U	A	SA
153. ...been able to learn new things more easily	SD	D	U	A	SA
154. ...had a higher level of energy	SD	D	U	A	SA
155. ...become more allergic to things that never bothered me before	SD	D	U	A	SA
156. ...become more sensitive to humidity	SD	D	U	A	SA
157. ...become more sensitive to bright lights	SD	D	U	A	SA
158. ...become more sensitive to flourescent lights	SD	D	U	A	SA
159. ...had my metabolic rate decrease	SD	D	U	A	SA
160. ...had my blood pressure decrease	SD	D	U	A	SA
161. ...become more sensitive to sounds	SD	D	U	A	SA
162. ...been able to sleep less	SD	D	U	A	SA
163. ...become more sensitive to pharmaceutical drugs	SD	D	U	A	SA
164. ...experienced more (or more severe) headaches	SD	D	U	A	SA
165. ...become more susceptible to illness	SD	D	U	A	SA
166. ...become more moody	SD	D	U	A	SA
167. ...become more easily depressed	SD	D	U	A	SA
168. ...become subject to anxiety or panic attacks	SD	D	U	A	SA
169. ...been able to tolerate alcoholic drinks less well	SD	D	U	A	SA
170. ...had more and/or a richer sex life	SD	D	U	A	SA
171. ...become more aware of non-physical entities	SD	D	U	A	SA
172. ...found it more difficult to think in strictly linear ways	SD	D	U	A	SA
173. ...become more actively aware of other dimensions or realities	SD	D	U	A	SA
174. ...had a more active and interesting dream life	SD	D	U	A	SA
175. ...become more aware of energy currents in my body	SD	D	U	A	SA

176. ...been permanently changed	SD	D	U	A	SA
177. ...become a better person	SD	D	U	A	SA
178. ...changed my ideas about religion	SD	D	U	A	SA
179. ...changed the way I practice religion	SD	D	U	A	SA
180. ...begun to feel more safe and in control	SD	D	U	A	SA

Since becoming aware of my abduction experiences I have (check all that apply):

- 181. ___ not publicized it (for instance, in a newspaper article or interview)
- 182. ___ allowed it to be publicized, but with my name withheld
- 183. ___ allowed it to be publicized, using my name
- 184. ___ been a guest on a radio or TV show in order to talk about my experience(s)
- 185. ___ considered publishing my story as a book
- 186. ___ published my story as a book
- 187. ___ given lectures or formal presentations about my experience(s)
- 188. ___ cooperated before now with abduction researchers

Indicate whether each of the following has Significantly Decreased (SD), Decreased (D), remained Unchanged (U), Increased (I), or Significantly Increased (SI). **Since my abductions...**

189. ...my concern with questions of social justice has....	SD	D	U	I	SI
190. ...my feelings of being @tagged@ or under surveillance in some way has....	SD	D	U	I	SI
191. ...my interest in achieving material success has....	SD	D	U	I	SI
192. ...my concern with political matters has....	SD	D	U	I	SI
193. ...my sense of personal vulnerability has....	SD	D	U	I	SI
194. ...my concern over the threat of nuclear weapons has....	SD	D	U	I	SI
195. ...my involvement in my family life has....	SD	D	U	I	SI
196. ...my personal sense of purpose in life has....	SD	D	U	I	SI
197. ...my understanding of what life is @all about@ has....	SD	D	U	I	SI
198. ...my interest in ecology has....	SD	D	U	I	SI
199. ...my self-understanding has....	SD	D	U	I	SI
200. ...my interest in organized religion has....	SD	D	U	I	SI
201. ...my concern with spiritual matters has....	SD	D	U	I	SI
202. ...my income level has....	SD	D	U	I	SI
203. ...my sensitivity to others= suffering has....	SD	D	U	I	SI
204. ...my feelings of self-worth have....	SD	D	U	I	SI

The Future

For the following statements, indicate whether you Strongly Disagree (SD), Disagree (D), are Unsure (U), Agree (A), or Strongly Agree (SA).

205. It is important at this time to rediscover and remember our past.	SD	D	U	A	SA
206. Forces are at work which will transform humanity into a more self-aware, spiritually sensitive species.	SD	D	U	A	SA
207. If alien life exists, it does not necessarily bode well for humanity's future.	SD	D	U	A	SA
208. I believe UFO abductions are a part of a larger plan to promote the evolution of consciousness among all of humanity.	SD	D	U	A	SA
209. We are already in or on the verge of a New Age.	SD	D	U	A	SA
210. I believe that alien beings are likely to exert increasing control over human life in years to come.	SD	D	U	A	SA
211. I believe that unless humanity changes significantly for the better, there will be massively destructive geo-physical disturbances in the near future.	SD	D	U	A	SA
212. There will be a future age of bliss that the faithful will enjoy.	SD	D	U	A	SA
213. As a species, we may die.	SD	D	U	A	SA
214. Whatever happens around the year 2000 will happen abruptly.	SD	D	U	A	SA
215. I believe there will have to be a unifying force--such as a charismatic leader--who can rally the masses of humanity to make the changes necessary to avoid a worldwide cataclysm.	SD	D	U	A	SA
216. I believe increased contact with alien life will bring material benefits for humanity.	SD	D	U	A	SA
217. In the next few years the human race must accept the end of life as we have known it.	SD	D	U	A	SA
218. There are no more real frontiers left to humanity.	SD	D	U	A	SA
219. Affairs in this world are spinning out of control.	SD	D	U	A	SA
220. Things are coming to a head in this world.	SD	D	U	A	SA
221. The human race is likely to survive and prosper in the long run.	SD	D	U	A	SA
222. Abductees need to join forces and work together in order to effect positive changes in the world.	SD	D	U	A	SA
223. The only real way to make things better in this world is for a cataclysm to wipe the slate clean so that the forces of creation can try again.	SD	D	U	A	SA
224. We are living in desperate times.	SD	D	U	A	SA
225. I am hopeful about the world's future.	SD	D	U	A	SA